I am so very grateful to Lin-ching Hsia and Yi-bin Chang, for making social therapy available to Chinese speaking people. The translation of this book is especially meaningful, because it brings the voice of Dr. Fred Newman, social therapy’s founder, directly to you. In the book’s seventy dialogues, Newman is in conversation with other therapists, which makes his sensitivity, talent and brilliance shine through. This publication is also very meaningful because Newman had great love for Professor Hsia and unlimited respect for the community organizing work she was leading in psychology and politics. Dr. Newman and Professor Hsia got to know each during the time she spent in the US in **fill in year**. It was my honor to host her for **fill in time frame** at the Institute, experience her embracing of social therapy, and learn from her about the community being built in Taiwan.

That introduction to the work being carried out in Taiwan was the beginning. Since then, I have had the privilege of experiencing the work, the culture and the history of the Taiwanese people on three trips to Taiwan hosted by Professor Hsia, as well as accompanying her to **fill in the proper way to say China/the People’s Republic of China, etc.** to present at scholarly conferences. We have built a decades-long partnership based in shared values, which include an appreciation of the necessity of building organizations that challenge the way established institutions do things and of organizing people to participate in creating institutions and activities that humanize rather than harm.

Dr. Newman’s social therapy is a practice of group-building for the purpose of transforming our individual and collective emotionality. It helps people develop emotionally, to see new possibilities and make new choices, despite the many things that currently hold them back from developing their lives and communities—how politics are done, economic conditions, cultural norms, and the institutions of mainstream psychology and psychotherapy that socialize people to live in the world *as it is*. To Dr. Newman, development—in this sense of transformation and possibility—is the cure. In the words of one client, "It was a process of unlearning what I thought therapy was about and relearning a new way of living." Dr. Newman passed away in 2011, but his work continues to grow across the globe. I hope that reading this book inspires you to develop. If it does, I am sure Dr. Newman would have been as excited as I will be.

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August 2019